



**SHAPE UP!**  
50+

**\$10  
off**

\*restrictions apply  
call center for details

**For a Healthy Independent Lifestyle**

- *Your local community center is offering group exercise classes for seniors: Zumba Gold, Yoga, Line Dancing, Enhance Fitness, Tai Chi, Pilates & more.*
- *Classes are safe, affordable, and led by knowledgeable instructors.*

**Public Health**

Seattle & King County

Emergency Medical Services Division



For more information visit: [kingcounty.gov/health/shapeup](https://kingcounty.gov/health/shapeup)

Or call Burien Community Center at 206-988-3700

**\*Bring this card to the Burien  
Community Center & receive \$10  
off any group exercise class.**

**For more information  
Call 206-988-3700**

**14700 - 6th Ave SW  
Burien, WA 98166**

Exp. 12/16/14. Card has no dollar value & can't be redeemed for cash.

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